

Road Accident injury - Tips & Advices

The ever increasing probability of one suffering a road accident injury does not surprise anyone anymore. The density of the today's traffic and the great speed at which we are forced to live our lives makes the road a sometimes very hazardous place. If we respect the few basic principles of safe driving, we may considerably diminish our chances of having to go through a potentially catastrophic accident. However, sometimes we can do nothing about it simply because of someone else's reckless driving.

Being involved in an accident because of someone else's negligence is not really in our power to control. However, doing our best as to make sure that we respect ourselves and the other traffic participants is our duty as drivers. I know it sounds like a cliché, but you have no idea how many of all the accidents could have been prevented simply by following this cliché. Implicitly, millions of lives could have been saved. It's estimated that 90% of all the accidents are caused by human error.

The most common road accident injuries seem to be the herniated disc and the whiplash. Depending on the violence of the impact and the severity of the illness, they can have consequences even for the rest of one's life. Actually, 1 in 10 persons who suffer from whiplash remains with disabilities for the rest of the life.

But what can we do to prevent road accident injuries from occurring? The answer is actually simple: respect the basic safe driving rules. Don't exaggerate with the speed, especially at night. Also, you must never drive drunk. 1 in 7 road deaths involves a driver who has been driving under the influence. So, if you must drink, then find another way to go to the party. Also, avoid talking on your mobile phone while driving. It distracts you from the thing you should really be concentrating on: the road ahead. Imagine this: you are in your car and your cell phone rings. You answer it, while driving. You drive pretty fast, and there's a dense fog outside. Add to that the radio which might be on, and there you have a mixture of elements which make you very vulnerable to a possible road event. That's because your brain doesn't have the necessary time to react to a sudden event anymore. Now, to continue our list of safety measures, make sure that you take a regular eye test. You should know that your vision may be less acute than it once was. You should also know that good vision is absolutely necessary for a driver. So take an eye test once per year. It isn't a big deal and it will also help your health. Last but not least, fasten your seatbelt. You will be amazed by the great number of road deaths that could have been avoided if only the seatbelt had been on.

However, as I already mentioned, you could be doing all these things and still get involved in an accident which is somebody else's fault. The majority of the accidents are minor in nature, however, it's not always the case. Anyway, this would be a case in which you'd feel really frustrated. That's because you always tried to keep yourself and the others away from road traffic incidents. When you feel this kind of frustration, there's only one answer: get compensation.

Making a compensation claim is not that difficult you might think. Sure, it takes time, it takes a little bit of an effort, but if you are working with a lawyer, he's the one who will do the most important and difficult things. You might ask yourself "Why work with a lawyer? Isn't the insurance company going to cover my losses?" Well, yes and no. Your insurance company will actually try to keep your compensation to a minimum. This solution is good for minor accidents, in which there's little at stake. For more serious accidents, you should ask an attorney to represent you. He will know exactly the amount of compensation you can get and he will try to maximize the process. So hiring a lawyer with a strong background and experience is the best options in the case of a serious road accident injury.

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