

All You Need to Know not to Get a Hepatitis

Acute hepatitis is a quite serious disease which causes serious damage to the liver of the patient suffering from it. That is really difficult to treat acute hepatitis as it may long up to a several months. Medics name the hepatitis chronic in case it hasn't been treated for more than half of a year. There are two kinds of natures of hepatitis. They are viral and non-viral. The basic origin of illness is the virus which attacks the liver. The basic origin of appearing a non-vital hepatitis is the affection of some poison substances on liver. Such a condition is known by the name toxic hepatitis or alcohol hepatitis. The liver conducts lots of significant actions. After the meal and water penetrates into the organism it has to be purified by liver. Poison matters may significantly damage other inner organs if the liver is ill.

Hepatitis A is usually related to infected food or anal/oral sex. Although it often causes acute hepatitis, it does not usually transform into a chronic form. To reduce the probability of getting infected with hepatitis A people use special vaccination against that virus. Lots of cases of hepatitis A appear in third world areas. To evade the possibility of being infected people ought to keep a quite strict hygiene and do not use any unpeeled raw fruits and vegetables. The latent period of this disease commonly lasts about 25 days. It implies that during that period no symptoms would appear. In some instances the length of the pre-disease phase can last for up to 45 days.

Hepatitis B is a pathogenic microorganism. It is believed to be quite hazardous as a huge amount of people worldwide die annually. That may cause not just acute, but also chronic states in case the bacterium is not treated properly after the person was infected. The disease can appear after the blood contact with the infected person, blood transfusion, sex and even tattooing, so the virus is quite tenacious. That is not actually a big number but the effectiveness of hepatitis treatment is about 65 per cent.

The most dangerous feature of the hepatitis C is that it can lead to liver cirrhosis. It is actually sad but the person which has got a cirrhosis gets a chance to live only for several years and that action can't be completely treated by doctors. One of the complexities with hepatitis C is that it may be kept in the organism without showing any symptoms for up to 20 years. The most efficient method of cure for today is the cocktail of interferon and ribavirin.

Hepatitis D is an illness which is dangerous only with presence of hepatitis B as it is caused by viroid-like agent.

Hepatitis E is the kind which is common for patients who live in the Indian region. The most effective treatment of the hepatitis E is to let the patient have more rest.

Medicine proposes some cures which are quite efficient.

The best way to define the disease in the primary stage is to conduct some hepatitis diagnosis that includes serological tests and liver tests.

Vaccination can really help avoid the possibility being infected with the hepatitis virus, but there are also hygiene and only safe sexual relationships.

About the Author

The [hepatitis treatment](#) is actually a complex action which demands the appropriate carrying out [serological tests](#) which can assist to avoid the progress of the disease and to cure it as soon as possible. The statistic of hepatitis cure is not excellent, but efficient techniques exist.

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