

Moringa - The Brain Activator

The IQ level of the individual is of more important in this fast growing busy world. Each person will be recognized only if he/she is smart in their work. This will happen only if their brain is alert to grasp the matters.

Regular supply of oxygen is the key factor for the brain function. Hemoglobin is the main component of the blood which is needed for the transportation of the oxygen. If oxygen content of the blood increases then the working capacity of the brain increases. This will be achieved only when the iron content of the blood increases as it is the unique part of hemoglobin.

Moringa contains 25 times the more iron content than that of spinach and the absorption of iron in the form of Moringa products is greater as Moringa is the natural product. Body can absorb natural substance readily when compared to synthetic substance. Naturally the bioavailability of the iron in the form of Moringa is good. Along with the iron, Moringa contains Zinc which will improve the brain function. The hemoglobin content of the blood also plays an important role against the infection, which implies that the immune power of the individual gets improved when Moringa is ingested.

Moringa capsules are made using the pure Moringa Leaf Powder. Moringa leaf powder is nutrient rich and a vitamin supplement. Our Moringa Capsules are made from 100% vegetarian capsules. School and college students, who awake in late nights, can eat 2 or 3 capsules per day to relieve the stress. It's one of the most secret performance enhancing products taken by athletes today who ingest mega-doses that help them physically and mentally. It's great for people of all ages, especially oldsters who are losing their alertness. The high mineral and vitamin contents present in the Moringa leaf powder is a gift for pregnant women and mothers with new born babies. More than 40 basic nutrients should be present in our daily food intake. The most important thing about the nutrients is that they should be from a natural source. Then only, our body will absorb the nutrients. The vitamin and calcium supplements that we take are not fully absorbed by the body. This is mainly because human body can differentiate between the natural nutrients and the synthetic ones. And moreover, the Vitamins or Minerals, when intake separate, they won't help much. In other words, the human body will reap the benefit only when the Vitamins, minerals, amino acids and the other nutrients are feed together. India's ancient tradition of ayurveda medicine sites 300 diseases that are treated with the leaves of the Moringa tree. Moringa Tree Leaf is organic and absolutely safe. There are no known side effects. Moringa capsules provide the necessary vitamins and mineral supplements for them. Moringa as a part of our daily life helps to improve the nutritional status of the body with its 90+ nutrients and 46 antioxidants. It contains almost all the necessary vitamin, micro and macro minerals for the cell function.

Moringa contains ascorbic acid which improves the IQ level when it is supplemented for a period of time. As it is impossible to take fresh Moringa daily in our diet Grenera Nutrients introduced Yelixir Moringa capsules made up of 100 % pure Moringa, as a supplement for the healthy life. For more information and purchase of Yelixir Moringa capsules and Moringa powder visit <http://www.yelixir.com>. You can also visit us in <http://www.moringacapsules.com>

About the Author

Avon Howard Jr. is a nutrition consultant and has been involved with the health food industry for more than 2 decades. He is a part of many research teams that has worked on the impact of various herbal extracts on the human body. His deep knowledge and vast experience of the health food supplements makes him the sought after consultant for many health food companies

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