

The Best Alternative to Retainers and Metal Braces

Metal braces, retainers and even invisible aligners are used in order to reposition crooked teeth which have lost their natural position over the years because of many reasons. In order to address and correct the problem then this will normally suggest the use of metallic or invisible plastic braces, while this is a sound and correct orthodontic decision it might not be the best when it comes to the amount of time that needs to be invested -- so to speak -- in order to see results.

It is widely known that both metal and plastic (invisible) braces need to be worn for several months and even years at a time before they can be completely taken off. Sometimes a patient doesn't need to have the entire set of teeth treated instead, only the ones at the front need to be treated in order to make a difference, when these are the conditions to traditional braces are obviously not the best solution, this is where specialized solutions such as the Inman aligner come into play.

An Inman aligner is a small set of braces that are designed to treat the front teeth, when they are compared to any other type of braces the benefits are very clear, let's go ahead and take a look at them:

- They are a clear alternative to metal and invisible braces
- They are a lot cheaper than their counterparts
- They provide results a lot faster than traditional braces
- Because of the way they are designed they can be easily removed and reinserted just like a retainer

Metal braces which are designed to correct the position that a set of teeth are in are able to deliver results after years of wearing them, Inman aligner's are able to achieve the same results in just weeks. The difference between the two is that Inman aligners put greater pressure in the teeth which is why results are normally achieved a lot faster.

Because the pressure is greater a certain level of discomfort is normal and some dentist will recommend to take some pain killers during the first few days as a person adapts to the pressure they provide, similar to other braces they will be an obstacle when it comes to speech so does take a little bit of time to get used to them and to be able to pronounce words clearly but overall they are the best solution to Invisalign and their metallic counterparts.

About the Author

Orthodonticclinic.co.uk is a professional website managed by [orthodontists Surrey](http://www.orthodontistsurrey.co.uk). To learn more about [Inman aligner Surrey](http://www.inmanalignersurrey.co.uk) or to schedule a consultation visit us today!

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