

## Whiplash Compensation - Steps to follow

The whiplash compensation is given to people who have been through an accident that wasn't their fault, accident which resulted in a whiplash injury. This type of injury is usually a consequence of an auto accident, typical of a rear end collision. Still, it can also happen in a frontal or side collision, and it can be caused by other things than an auto accident.

Most common symptoms of a whiplash injury are: neck pain and stiffness, shoulder pain, stiffness of arms and legs, headaches, dizziness, etc. They sound all too common and it's no wonder that people often enough mistake a whiplash for simple occasional discomforts.

This illness can go undetected for even 2 years, and it's only when people start having serious chronic neck pains that they go to see a doctor. Remember, if you can relate those symptoms to an auto accident, don't waste any second and go to see a doctor.

But how does the whiplash happen? In the great majority of cases, a whiplash occurs when the head violently goes back and forth beyond its normal limits, in the aftermath of an auto accident. This is where the neck pains come from.

The whiplash compensation procedure is a legal matter that requires the attention of a specialized solicitor. Don't be afraid to hire one, because it can mean the difference between getting compensated or not.

First thing you will probably be asked to do is consult a medical expert, who will make an assessment of the injury. This will be considered an important piece of evidence, and it can decide the amount of compensation you can get. This is because on most of the occasions, the amount of compensation is proportional to the injuries you've suffered and their seriousness.

Then, your lawyer will try to prove your lack of blame for the incident, and this will be backed by important pieces of evidence. It is very recommended that you manage to take as many conclusive pieces of evidence right after the accident from the accident scene, and write down as many details as you can when they are still fresh in your mind.

For example, after the accident, don't get into pointless arguments with the other driver, admitting blame or putting it on him/her. All you need to do is take his/her personal details, like name, address, phone number, and do the same with the witnesses, if there are any.

Then, write down all the details you notice at the place of the accident, like the number of cars involved, their model, color, etc. write down the weather conditions, even make a sketch of the place of the incident. It's those little details that make up a very strong case and sometimes make all the difference between winning and losing a whiplash compensation claim.

## About the Author

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