

## Need a New Idea for Getting Together with Holistic Friends?

As more and more people turn towards holistic health and wellness in their lives, they begin to re-examine the way they spend their leisure time. Activities they may have enjoyed with friends might, perhaps, no longer fit-in with their new lifestyle. Also, as a result of people moving within their communities in different ways, they meet new people similarly inclined -- that is, they make new friend who share their interests in deepening their lives. Indeed, this might be one of the most important elements as people move into more balanced living: the development of relationship and community around shared values and interests. People are increasingly looking for deeply satisfying ways to get together with friends in a holistic, meaningful and entertaining way.

A new member based DVD series for those interested in healing and wellness may be the answer. Members receive six DVD sessions a year, one every two months, that features a personalized, in-depth encounter with an adept practitioner of the healing arts. Guest practitioners are carefully selected for their experience, knowledge, spiritual and heart qualities, and for representing a particular tradition in the vast range of traditions the DVD series will explore. Each is recorded as if speaking to an intimate friend. The focus is on presence rather than on commercialism. Each DVD session can stand alone as in independent session or film. Taken together, however, the film sessions form a voyage of discovery, exploring the many types of healing used across the earth.

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"Watching these DVD sessions together gives an opportunity for conversations to begin and to share those things and experiences that are common to the human family. There's a deep need for sharing and community." says Victor Demko, the Founding Director of TheCenterForHealingArts.com .

"Someone may just be starting and want to explore these things together with a friend, just to see what's out there; some may want to introduce a friend to different wellness options. Others may primarily want a way to enjoy a deep connection with others on the journey".

"Social health asks that we not only fully partake in our own journey to the best of our abilities but that we share, the best we can, in the journeys of others. We need to be seen in our own journey and to witness the journey of others. We feel better when we are seen and understood without judgment. Sometimes we just need to be seen, that may be an integral part of our journey, individually and collectively. Besides which, people have always liked to get together to watch films. The DVD sessions series gives a focus to this process". notes Mr. Demko .

Each DVD session from The Center For Healing Arts offers:

Thoughtful selection of guest practitioners.

A feeling of intimacy -- each DVD is shot to enhance the feeling of on-on-one personal time with the guest practitioner.

DVD chapter headings for instant reference and easy repeat viewing.

Careful, in-depth exposure to practices and philosophies that may be new or less familiar.

A format ready to share with family and friends.

A full satisfaction guarantee.

The Center for Healing Arts is a worldwide community of healing arts practitioners and those interested in healing and wellness. Members receive six DVD healing arts sessions a year, one every two months, that features a personalized, in-depth encounter with an adept practitioner of the healing arts. Guest practitioners are carefully selected for their experience, knowledge, spiritual and heart qualities, and for representing a particular tradition in the vast range of traditions the DVD sessions series will explore. Each session is recorded as if speaking to an intimate friend. The focus is on presence rather than on commercialism. Each DVD can stand alone as in independent session or film. Taken together, the films form a voyage of discovery, exploring the many types of healing used across the earth.

## About the Author

Victor Demko , The Founder and Director of [www.thecenterforhealingarts.com](http://www.thecenterforhealingarts.com)

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