

## An Emerging Healing Arts Language

Interacting with a great many people, in a great many settings, has led this one me to believe in the language of the heart, of friendship, and the deeply shared joy of the human condition, as well as its pain and suffering.

If the goal of all is to move toward an integrated state of wholeness and wellness, what would support that?

If we look at our lives, one thing we will notice is that there is a deep need in the human condition for being seen for who we are and, more important, for being accepted as we are by both those most significant in our lives and those we interact with. This deep seeing and understanding is often cited as the basis for fulfilling friendships in our lives.

Who are the people we value most in our lives? If we were to ask oneself this question honestly, we might find it is those who have a deep sympathetic resonance and understanding of us.

There is no need here in this article to cite examples of world change, but what might be examined is the need for recognition of a new language that is emerging out of that change—a healing arts language.

Does a healing arts language already exist? Is there a need for a supportive language of understanding and openness?

Some might argue that a healing arts language has always existed, that, in fact, it is one of the gifts of the creator for movement in any communicative interactive model towards wholeness. A language of understanding has always existed among people in whatever time they have lived in.

Interpersonal dialogue and communication take place on many levels—from the physical realms of nearness and proximity, to the realm of the emotions and communication of the heart, to the mind world and beyond to higher soul levels.

Healing and support happens on so many different levels. One of the most basic is communication among first our most loved, our families, our friends, our community, our country, and the planet. By approaching our interactions with openness and the desire to be seen, we help ourselves unveil the subtle tricks of our own ego, which often misdirect us away from optimum fulfillment.

As a young boy of nine or 10, laying awake at night, I often used to wonder “What do people talk about?” as those muffled voices of my mother and older sister, still awake, rose up to my bedroom. Today I would rephrase that question to: “What is the real meaning in our communication?” Where is the real meaning to be found?

No doubt, meaning is found in many realms of life, but what I would like to further examine is that need for meaning in our own wellness journey—how we support each other and what is the nature of that support. Certainly there are as many ways and methods as there are people, yet one of the common links is a need to be seen and understood. In this changing world, this is now more important than ever and there appears to be momentum and a greater calling for understanding of this need as never before. Development of modes of interaction are being called to emerge from new levels of creativity, both collectively and, most importantly, on an individual basis.

Individually, we all have something to contribute to that emerging language that is evolving from openness, a need to be seen, as well as to really see others. With the imperative nature of our own health and the health of the geo-political and ecological systems we are part of, it appears that the call is for personal wellness and wholeness first for our own peace and happiness but also as a model and basis for offering insight for the changing larger picture.

In summary, if we look around carefully, we will see a new healing arts language emerging, one of openness and understanding, one of both personal and planetary wellness and wholeness. It is both our own ability, desire, and openness to assimilate that language as a unique personal interactive style and our communities’ desire to embrace it that will ultimately lead to further unfoldment both individually and collectively.

## About the Author

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