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Judo is one martial art where competitors take a lot of physical abuse. With grappling and throwing moves, as well as submission holds, it takes dedication to compete. While it is an amazing sport for the spectator, true Judo can only be experienced by learning the sport yourself.

As with most martial arts, Judo is practiced in a traditional gi. There are two different styles of gi – the single weave and the double weave. However, for the true competitor, only the double weave will do. The double weave fabric is designed to take more of a beating, standing up through the grabs and throws that come with both practice and competition. While you can get by with a single weave for practice, a double weave gi is a must for tournament wear.

Obtain an edge over your competition

If you want the absolute best in competition judo gis, the Mizuno Euro Comp Gi is the best you can find anywhere. One of the most exclusive gis available, and the hardest to obtain, it is the must for any serious judo competitor.

The Mizuno Euro Comp Gi is preshrunk, making it the only competition gi that you can buy anywhere that will not shrink after being washed. The gi you buy is the gi you get – allowing you to get the perfect fit. No more trying to grapple and throw in a gi that does not quite fit.

The Mizuno Euro Comp Gi features a lean cut that is designed according to the most recent IJF regulations. The shorter skirt, narrower body cavity, and leaner arms will give you the edge without giving away any of your secrets to your rival.

At the same time, the Mizuno Euro Comp Gi offers a heavier material. While heavier used to mean uncomfortable to wear, the Mizuno Euro Comp Gi is artistically designed to be hard to grip, yet still allow you to move and breathe easily. Finally, you can buy a judo gi that allows you to have the most fluidity of motion. Complete the look with the matching pants for a professional and competitive look.

Matching your skill with ancient form

If you want your judo form to stay true to its art, then the Yawara by Mizuno is the choice for you. Made in Japan, it is the most exclusive judo gi that money can buy, and the first 3D judo suit in the world. The innovation and craftsmanship remain unrivaled by any other company.

The Yawara style is synonymous with flexibility and softness. The Yawara gi is the result of years of research conducted by Mizuno on the motions that the body must go through to perform judo at its finest. The only gi to offer a 3D design, the Yawara hugs your body at the shoulder, sleeve, armpit, and pants so that there is no stress during movement. You get maximum range of motion and durability for all of your throws and moves.

Looking sharp at an affordable price

If you are looking for a judo gi that is more affordable, but still provides the same great craftsmanship, the Ronin brand deluxe double weave competition judo gi in blue is perfect for you. This is a heavyweight judo uniform, designed for the rigors of tournament. The 950 grams of cloth weight have been reinforced in the areas that are normally gripped during judo grappling moves and throws. The heaviest weighted judo suit, the Ronin brand is designed for the strict rigors of competition and stringent practice.

The jacket of the Ronin brand judo gi is lined with brushed cotton, with extra stitching to reinforce the shoulder area. The pants are full length and are also reinforced from the knees down. When sizing, keep in mind that this judo gi will shrink about 2 to 4 inches when washed.

The design of your gi makes a difference in your tournament competition; in a close judging match, a gi's ability to frame your moves and not give away your strategy to your competitor can determine whether you win or lose the tournament.

About the Author

Douglas Lee is the author of this article on [Judo gi](#). Find more information about [judo uniforms](#) here.

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