

Copper Bracelets and Magnets a Dual Effect to Help Pain Sufferers.

Magnetism is one of the most basic forces of nature. Earth has a well defined magnetic and gravitational field, and every object on this planet is subject to the earth's magnetic field. In fact, the earth's magnetic field is responsible for protecting the inhabitants of earth from harmful radiation. Our 'insulated' life style has reduced our exposure to the earth's magnetic field and electronic gadgets and other factors have also lowered our exposure to earth's magnetic field, leading to the formulation of the magnetic deficiency theory. Our low exposure to the earth's magnetic field may be the cause of numerous unexplained problems such as low energy.

Magnetic therapy has been used for thousands of years in one form or the other, and is designed to correct the body's lack of magnetic exposure. It is important to note, that the WHO has certified all magnetic therapy devices as 100% safe; and magnetic therapy is not recommended for people that have electronic devices like pacemakers. Typical magnetic therapy requires a person to wear magnetized bracelets that are made from a variety of metals, and newer magnetic therapy bracelets are also combining the use of copper.

Copper bracelets can provide dual benefits; when copper bracelets are magnetized they provide all the benefits of magnetic therapy. In addition, copper is slowly absorbed making up for any copper deficiency in the body and helps improve the body's immune system. There are currently multiple theories on how magnetic therapy helps combat pain and muscle stress, but it is believed that magnets help improve blood circulation in various tissues and also help improve the oxygenation of tissues. The improved blood flow to tissues helps tissues heal faster and also helps the body combat pain naturally. Increased blood flow also helps the body detoxify tissues and remove the build up of harmful chemicals.

In addition, magnets can also help the build up of calcium ions in effected tissues and joint and the calcium build up helps bones and muscles heal much faster. Copper bracelets that use neodymium magnets are believed to remain active longer than usual iron magnets and retain their magnetic properties for a longer duration. Copper combines with human sweat (sometimes seen as a green deposit under the bracelet) and is thus absorbed through the skin, making copper bracelets ideal for both magnetic therapy and for increasing the amount of copper in the body.

Although the ionisation of blood theory is a relatively new theory, people all over the world have reported marked improvement in arthritis, muscle pain and joint pain. Interestingly, there is considerable debate on how many magnets should be installed in bracelets for the magnetic therapy to be effective. Websites like www.copperbracelets-4arthritis.co.uk are perhaps the only website that offers copper bracelets with 6 magnets installed instead of 2. If you are looking for copper bracelets that are designed to provide the body with the dual benefits of copper and magnetic therapy then the best place to start your search is www.copperbracelets-4arthritis.co.uk. The website offers magnetic copper bracelets at competitive prices.

About the Author

Melvyn Epstein is the author of this article on [Magnetic Therapy Copper Bracelets](#). Find more information about [Copper Magnetic Bracelets](#) here.

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