

Skin care and treatments for skin problems: acne, Ingrown hair, Wrinkles etc.

Home recipes can help you to some extent, but for more severe problems, you need professional skin care treatment. Grandmas cannot solve all skin problems. Therefore, for a proper solution of your skin problems you can buy various professional skin care creams and lotions in the market.

However, do not get carried away by tall promises made by the manufacturers of so-called miracle skin care creams. When it comes to your skin, you should be sure that it is safe and effective. Following are few common skin problems and recommended skin care creams for it.

Acne and acne scarring

Teenagers and adults, men and women – no one is exempted from the annoying acne problem.

Acne is a common skin condition that consists of blackheads, white heads, red spots, or deep boil-like lesions called nodules or cysts. If acne was less of a problem, they can even leave acne scars. Acne scars can be red or purple in colour and can be raised or leave deep pockmarks.

Recommended Skin Care Creams & Products:

- For Acne: Zit Zapper / Blemish Free
- For Acne scars: Gamma Hydroxy

Broken capillaries

Broken capillaries are signs of damage most often caused by the sun, age, or excessive alcohol consumption. Broken capillaries affect both women and men and are as such harmless, but just ugly.

If you are wondering if you are subject to it or not, try to find ugly red spots and spidery shapes that appear mainly on the nose and cheeks. If you spot something like that, relax. There is nothing to worry about and treatment is available at hand.

Recommended Skin Care Cream:

- Capillary Clear

Pigmentation

Freckles, age spots, liver spots and pigmentation discolouration – if any of it is bothering you and you need a skin care cream for it, cheer up. There are many pigmentation lotions and skin care creams for other skin problems.

However, your best bet lies in getting a skin care cream that tackles all the problems and is far gentler on the skin than current synthetic skin lightening agents such as hydroquinone and tretinoin. The skin care cream recommended below contains licorice and bearberry extract, which is safer for you than anything else.

Recommended Skin Care Lotion:

- Fade Away Pigmentation Lotion

Ingrown hair

If you cannot wear bikinis and let yourself have some fun, sunbathing, because of embarrassing ingrown hair problem, certainly you might be exasperated like half the population of people who shave.

Men are more prone to ingrown hair due to razor shaving and cuts and it affects them on their face and neck. On the other hand, women are afflicted by ingrown hair in armpits, bikini lines, and legs.

Recommended Skin Care Product:

- Ingrow Go

Wrinkles

With old age setting in, your energy reserves deplete, your skin becomes loose, and you notice altogether new problems. Wrinkles are one of these upsetting problems. They are the visible signs of ageing. Wrinkles show you and the world around you that you are getting old.

If you do not want others to know your real age and certainly do not want them to think that you are old, you can buy a skin care cream from the loads of skin care creams and lotions online or at a pharmacy. One thing is for sure stay away from too-good-to-be-true products that can manage everything overnight.

Recommended Skin Care Cream:

- Relaxaderm

About the Author

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