

40th Birthday Ideas

When someone you know is turning 40 years old, it can be a very exciting, but exhausting time in everyone's life. Usually for a large milestone birthday such as turning 40, a party is inevitable. This means that someone close to the birthday boy or girl will have some major planning to do before the big day. There are many 40th birthday ideas that you can choose from in order to commemorate this very special day in their life.

Taking into consideration the interests and hobbies of the birthday recipient is essential when trying to organize a special 40th birthday party. It would be a shame to plan a special party for someone only to find that it is not received, as you would originally have thought.

One 40th birthday idea that has been tried and true is a surprise party. This usually cannot be done at the recipient's home since planning for many guests with food, drink and decorations make it difficult to keep it a secret. Planning a surprise party at a close friend's place should go off without a problem.

Host a This Is Your Life birthday party. You can collect such items as a copy of the newspaper from the day they were born, and introduce everyone in their life as they grow through the years. It is interesting to meet and greet others who have been involved in the life of your friend or relative celebrating their 40th birthday.

A 1967 (or whichever year that your birthday boy or girl was born) themed birthday party is a nostalgic way to celebrate. Music from the birth year playing in the background while guests are wearing fashion attire from that season will be entertaining for everyone. If you are able to find old television shows such as I Love Lucy or Beverley Hillbillies or even movies at your local library from the particular year, you could have them playing in the background for everyone to enjoy while mingling.

An exciting 40th birthday idea would be to have a casino party. Organize the friends and family of the birthday boy or girl and plan a 'grown-up field trip' to a casino. Spend time with others placing bets, spinning a roulette wheel or pulling a 1-arm bandit at a nickel slot machine. For extra fun, pack 'goody bags' for everyone complete with a deck of cards and sample poker chips.

For those who are sensitive about turning 40 years old, an entertaining way for a 40th birthday party is to host an 'anniversary' party instead. Buy decorations for a age of your choice such as 21 years old and have everyone congratulate the birthday boy or girl on the 19th anniversary of their 21st birthday. Instead of birthday cards, shower them with anniversary cards and plan the decorations according to an anniversary party complete with an anniversary cake.

There are so many more 40th birthday ideas that one can design alone or find either through the Internet or through party planners. The major aspect of any 40th birthday idea is to make sure you are well prepared and aware of any specific aspects that may have an effect on your special party plans such as a vegetarian diet or mobility concerns for guests. Remember to enjoy the planning process as well as the party and your efforts will not go unnoticed.

About the Author

Tony Carter is author of this article on [Great 40th birthday presents](#). Find more information about [40th birthday gift ideas](#) here.

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