

## Free Online Games and Funny Politics

You may have heard several opinions about the gaming platforms or gaming industry in general. Whether you play games on your computer or in a stand alone console, both methods are sure to keep you busy for several hours if you let them. Most of us have heard of kids spending a lot of hours in front of the computer at the expense of school responsibilities and chores. It can't be denied that whenever you start playing, you can't get off your seat or take your eyes away from the monitor. In some cases, you might even forget that your phone is ringing, your food you are cooking in the oven is ready or that someone might be waiting for you. But hey, playing online games is not all that bad.

It is easy for teens and young adults to become addicted to games, whether it is through stand alone consoles or through the computer, the impulse and anxiety produced by games are a huge factor which contributes to the problem, but it doesn't have to be bad. As we get older we learn to moderate ourselves because our responsibilities increase. There is a big stepping stone from being a teenager to becoming an adult; we know feel the need to do things by our own which makes us become independent from our families.

As this process evolves, the time available for adults to spend in recreation forms is very limited. Work related stress can build up rather quickly which is not a good symptom and as most older folks can tell, stress can have extremely negative effects in your personal life as well as in your health.

Today's most important topic among adults is the presidential election. We hear a lot of news about debates, caucuses, polls and so on, for some this topic is rather irritating so they change the channel from C-span to comedy central, there we can hear the same news but with a different more relaxed approach which falls into comedy. What we are unconsciously doing is shifting the point of view from tense and serious to a more relaxed and funny state. Being able to laugh helps us relieve the work related stress which turns out to be good for our health.

Free online games have taken this concepts and applied it to their viral technology. If you do a quick search in Google for free games you will stumble upon several sites which have many categories of entertainment applications, one of them is the Political section, here you can see your favorite presidential candidate dancing to the rhythm of disco music, one must admit that after watching Hillary Clinton dance to funky music we get relaxed and our problems fade away, even if its just for a few seconds.

### About the Author

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