

What Are The Common Hair Loss Causes?

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One of the most worrying aspects of hair loss treatment is the tendency of so many people to seek solutions without first determining what has caused their loss in the first place.

Hair and nails are two parts of the body, which grow back after cutting. Made up of proteins called keratin, hair health also depends on many other things beside protein intake by our body. Hair are replaced usually as they grow back in same follicles.

A lot of things can cause hair loss. For example stress, illness, surgery, hormonal imbalance, hair or scalp infection, some medicines, excess vitamins, birth control pills, antidepressants and etc. One of the main reasons for hair loss in men is the formation of DHT, a male hormone. Once formed, Dihydrotestosterone binds to the hair follicle, retards growth and cuts off blood supply to the follicle. Thus, hair starts to thin down and eventually begins to fall. Hair treatments and styling like chemical treatments such as hair colouring, hair bleaching, straightening, perming and etc. can cause hair damage to hair loss. Another reason for hair loss can be poor eating. The body isn't getting enough protein, vitamins, and minerals to sustain hair growth. The most common cause of hair loss in men is androgenetic alopecia, also called male-pattern baldness. This condition is caused by a combination of factors, including hormones called androgens and genetics.

Also, the fall on your hair can cause a type of hair loss called traction alopecia. If the falling is stopped before scarring of the scalp develops, your hair will grow back normally. However, scarring can cause permanent hair loss. Hot oil treatments or chemical pills used in permanents may cause inflammation of the hair follicle, which can result in scarring and hair loss. Finally, hair loss may occur as part of an underlying disease, such as lupus or diabetes. Since hair loss may be an early sign of a disease, it is important to find the cause so that it can be treated.

Losing hair can be stressful during any phase of life. Not only it destroy your looks completely, but is shed your confidence also. Recognize the root cause behind your hair loss and start working on it before it turn out to be a permanent problem.

Now you will ask "Is there any treatment for hair loss?". Yes there are a lot of hair loss pills, but few are effective. I'll recommend you natural pills. They have no side effects. One of the best natural hair loss treatments is PROFINAST. It's all natural and does not contain any toxic components. Profinast is meant to stop hair loss immediately and promote hair re-growth. Additionally, it contains active plant compounds and extracts to improve health of your hairs in general.

Profinast works by blocking the formation of DHT, a human hormone responsible for hair shrinkage. DHT once formed, binds to hair follicle, retards growth and cuts off blood supply to the follicle. Thus, hair starts to thin down and eventually falls. Profinast stops Dihydrotestosterone formation, reverse hair lossing shrinkage and promote hair re-growth. In a nutshell, PROFINAST provides overall nutritional support to hairs right from the root.

About the Author

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