

The Shocking Truth about Aspirin – It Doesn't Work!

Aspirin has been around for over half a century. Its primary and "original" use was for pain relief. But when Tylenol and NSAIDs (such as Advil) took over the pain relief field, the aspirin industry "bigwigs" pulled out the "big guns" and went after: heart disease.

What the heck, they figured. After all, a billion-dollar medicine has to go somewhere. And like most businesses, you have to keep growing and finding new "revenue streams" to increase revenue and profits. The "big killer" of heart disease seemed like a natural avenue to go down. So aspirin decided to acquire "new indications" as a blood-clot fighter and is already widely used to treat and prevent strokes and heart attacks.

It Didn't Work For Apples

Just about every male I know over the age of 60 (including younger men) and many women (BOTH my parents in fact) are taking "an aspirin a day to keep the doctor away." Well, it didn't work for apples and I don't think it works for aspirin either. But that isn't stopping its promoters from telling people it will do that and a whole lot more.

Crazy Claims

Take a quick look at some of the other claims the "Aspirin Institute" is making about its product. The "Institute" strongly hints ("studies suggest that...") that this "miracle drug" cures, decreases, alleviates, or prevents:

- Breast cancer
- Migraine headaches
- Hodgkin's disease Alzheimer's disease
- Prostate cancer
- Cancer of the pancreas
- Colon cancer Birth defects
- Leukemia Immune disorders, including AIDS

And that's just a partial list, But geez ... take a look at the last one - AIDS! Wow, if Aspirin really could do that, it would be a "miracle" drug, right? ...

So the "experts" seem to think that at least 95 percent of the population needs aspirin on a daily basis. But the dangers associated with extensive use of aspirin are downright horrifying.

Aspirin Does The Opposite

Researchers have reported that aspirin might, in fact, increase your risk for stroke, heart attack, macular degeneration (blindness), and cataract formation! You didn't hear anything about these findings because no one reported on them in the popular press. So if you don't read medical journals in your spare time, you probably missed these REAL bits of news.

Here's what the researchers have to say:

- 40% of people who regularly take large doses of aspirin actually demonstrated an INCREASED risk of both stroke and heart attack.
- Regular aspirin users have a significantly increased risk of macular degeneration with blindness!
- Aspirin use also puts people at a 44% increased risk of cataracts.

Of course, there's always the widely known increased risk of gastrointestinal bleeding that accompanies aspirin too. And these sorts of findings weren't published in some lowly rag. No, the highly respected prestigious rags, like the British Medical Journal, Lancet, and the Journal of the American Medical Association, came to a similar conclusion: aspirin shows no benefit in the prevention of heart attacks!

To Be Continued ...

I try my best to keep these articles short. But sometimes, especially with an important topic that most everyone is familiar with - like Aspirin - I tend to just keep on writing. Well, I'll stop for today since I don't want to overload you with too much information at once.

About the Author

For nearly two decades, Dr. Sam Robbins has been passionate about the human body and mind. He believes that a person's mental outlook plays a very important role in their overall health and well-being. Dr. Robbins has worked with numerous nutritional companies, including Met-Rx, EAS & Life Extension, as well as having the privilege of working with pharmaceutical innovators such as Upjohn and Eli Lilly. His areas of expertise include

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