

Be Thankful for the Hard Times – It's What Brings You Success

The reality is, gratitThe most important thing that I've done in my life is starting ConsciousOne where we're bringing personal development work to others. It's something that I had practiced all my life, but I've been in other businesses. ConsciousOne was about finding out if we could possibly do personal development work and actually have the work be our business? Could we have it be something that we just enjoyed and reveled in every day.

The number one thing that I've learned over the last four years is that the ability to have gratitude, to say you're living a charmed life. It's just everything works out for you and have that knowing is probably the most important principle that I've gotten from it... that I've received... the most important thing I've internalized and the most important thing that's determined the success of myself and of our business. Without that, everything just doesn't work out. If you go into that negativity that some of us have experienced at different times in our life, you know that things aren't going to work out that well. I know from experience that every time I am grateful, things have a way of working out so well it's incredible.

Have you had situations like I have where in retrospect, the most difficult times in your life or the most challenging situations in your business have turned out to be great gifts? I mean have you ever looked back in retrospect across your life and said, man, you know that was a tough time but I learned a lot, I grew a lot, I gained a lot.

One of the things that I said in the first six months of running ConsciousOne (we weren't generating any revenue yet), but I said to myself and my partner here, You know what? Everything that I have done, every great success, every difficult situation, every terrible situation that I worked my way out of somehow has contributed to my ability to do this right now. If it wasn't for those things I would not have the skill sets, the desire or the interest or the ability to do what I'm doing. So without any of those I would not have been able to do this business. And so, the gratefulness started there. That was probably the first time I understood that some of the most difficult situations and people I had encountered were in some ways soul mates.

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About the Author

Scott Martineau has put together a collection of inspirational works by some of today's greatest spiritual minds. He is dedicated to creating a greater quality of life by enriching levels of understanding and inspiration. You can find out more about Scott and these remarkable authors at <http://www.consciousone.com>.

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