

The Inner Light in You

Each one of you is like a light, this bright, shining, beautiful light, so it's like a lamp post. Picture a lamp post, that's on the left, that's your light.

You have the two lampposts, one on the right, and one on the left, on the left that's you, that's just this bright light, that's how you came into this world. It's who you are, perfect, whole and enough. What happens is over time, as we grow older for most people we have signs that are placed on us.

What happens is if you kind of draw or just imagine if you print it out in your writing, just kind of put signs right over that light. Well what would the signs say? Well the negative signs would be stuff like you're no good, you can't do it, or who do you think you are. Children should be seen and not heard, don't get too big for britches and all of this stuff.

Just negative, you're lazy, you're not intelligent, you're ugly, and you're funny looking, whatever it is. These signs get placed on all of us as we grow up, certainly about 97% of us. What happens to that light? Some say the light dims, but what actually is the case is no, nothing changes about the light, it's just covered, it's covered by all these signs. Yes the affect is the outer affect from the observer, from the people observing us is that yes the light is dimmer, but actually that light has not changed at all.

That inner light that you are has never changed can not change. With the loving mirror principle does it removes the signs. If you remember that phrase, "Don't hide your light under a bushel" that's where it came from. This teaching, this principle is very old and ancient. The greatest teaches throughout history have been teaching this very thing. That's why it originated, because so many of use are hiding our light under a bushel. Well I don't want you to do that anymore and this is way to stop doing it.

About the Author

On the night of October 20, 1997, a 30-year-old religious studies major named Noah St. John had an epiphany that changed his life. While attending a seminar, he suddenly realized the real, hidden reason so many smart, talented, motivated people stop themselves from success – and saw it had nothing to do with goal-setting, "motivation" or anything being taught in traditional success literature. That very night, with no formal education in business, Noah decided to form a company to teach people around the world the simple steps that remove the hidden barriers to success. Find out more at <http://www.successclinic.com>.

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