

Hemroids – the Silent Attacker

Hemroids caused when the rectum veins swell considerably. This may lead to bleeding through the anus while passing stool. There are two broad types of hemroids, namely external hemroids and internal hemroids.

As the name suggests, internal hemroids affects the internal rectal region. Internal hemroids causes the veins in the rectum to swell as a result of blood filling up in them. This leads to obstruction of stool and to painful bowel movement, hence the rectal bleeding experienced in such cases. The most popular treatment options for internal hemroids are injection therapy, hemroidectomy, infrared coagulation, and rubber band ligation.

In the case of external hemroids, the symptoms occur outside the anus and they manifest themselves through irritation and a burning sensation around the anus area, as well as itching and passing of stool accompanied by bleeding or streaks of blood. Since the symptoms are found on the surface rather than inside of the anus, a “warm bath” can be used give temporary relief to the hemroids sufferer. Its administration is simple in that one prepares a basin of warm water and sits in it for 10 to 15 minutes. You can do this two or three times a day. The other alternative method of getting temporary relief from external hemroids is to use ice packs for. Simply apply these to the inflamed area and within a few minutes you should have some respite.

One of the problems hemroids patients experience is the inability to properly diagnose the symptoms of this disease. This is due to the fact that most of these symptoms occur inside the anus and rectum and are therefore not easy to see with one’s own naked eye. However, some of these symptoms also occur outside the anus and in the adjoining areas.

The most common hemroids symptoms are:

Itching in rectal area.

Swelling of anus or inner anus area.

Obstruction while passing stools.

Formation blood clots inside the anus.

Lumps prolapsing from the anus. (This is a symptom of advanced internal hemroids).

The occurrence of hemroids depends on a number of factors, e.g. bowel-movement habits, abdominal disorders and working conditions or nature of the job.

In view of all these facts, one cannot avoid asking: What is the best treatment for hemroids?

There are several ways of treating hemroids. To start with, it is important that hemroids is diagnosed early enough and treatment commenced as soon as possible to avoid complications that can occur if it is allowed to progress to later stages.

Some of the treatments commonly used include surgery, herbal medicines and various creams. The herbal medicines and creams are prepared from various trees such as horse chestnut tree, butcher broom tree and the pagoda trees that are mostly found in Japan.

About the Author

Author is a health counsellor & researchers. www.hemroids.info .is offering information on different aspects of hemroids such as internal hemroids, external hemroids and bleeding hemroids. For more information visit www.hemroids-information.com and for its treatments Hemroids Treatment

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