

Female Herbs

There are a number of effective herbal remedies that have been used by women all over the world to alleviate and heal their specific health concerns. These herbs are known as 'female herbs'. They buttress the female immune system and help it withstand the strains of today's high pressure environment. In almost all countries, the knowledge of female herbs was restricted to a microscopic class of herbalists, who zealously guarded this sacred knowledge.

Chinese herbs are one of them. In ancient China, Traditional Chinese Medicine Herbs have been used to formulate a number of effective medicines, greatly helped the locals who were not able to afford expensive Western medicines. The State sanction to Western medicine and their reactionary policies against the conventional Chinese Herbal Medicines resulted in number of people loosing faith in the efficacy of Chinese traditional herbs. But despite all possible persecutions, a number of Chinese herbalists continued their practice and received patronage from the local people. They also maintained detailed records of various formulations prepared from natural Chinese herbs, which are now being treated as a goldmine of ancient wisdom.

Longevity Herbs has made it its mission to spread the bounty of Chinese female herbs to help middle class American women, most of whom lead highly stressful lives. Bryan Abel, L. Ac., an herbalist and acupuncturist and the founder of Longevity Herbs is of the opinion that American women can greatly benefit from miraculous Chinese female herbs. There are a number of allergy herbs and immune herbs that have been used to formulate effective cures for female health issues. Let's take the example of Yunnan Baiyao. Prepared from a powerful combination of herbs, Yunnan Baiyao is extremely effective and used to treat excessive menstrual flow or menstrual cramps. Menopause-Hot Flashes Formula that can be procured at Longevity Herbs can be used for both short and long term treatments. This effective formulation of female herbs promotes mental serenity and helps in balancing your body. It provides incomparable support to women during menopause and hot flashes. At Longevity Herbs you can also find super effective cure to treat female fertility problems. The Fertility Formula (Zi Si Fang) is a perfectly natural Chinese formula prepared from female herbs. This Chinese herbal medicine was recommended traditionally and historically by Chinese doctors to women suffering from infertility. Apart from these, there are several other herbs like Chinese Cordyceps and Reishi mushrooms that can be used by both women and men to treat various health related issues. So log onto www.longevityherbs.com and discover more about these miraculous herbs for health.

About the Author

Bryan is a well known author who writes on the topics related to [Female Herbs](#) , herbs for Immune

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