

## Anadrol 50 Steroids Profiles

Anadrol detailed information:

Anadrol is the strongest and at the same time also the most effective of all oral steroids. It has an extremely strong androgenic effect, which goes hand in hand with an extremely intense anabolic component. For this reason, dramatic gains in strength and muscle mass can be achieved in a very short time. An increase in body weight of 10-15 pounds or more in only 14 days is not unusual. Water retention is considerable, so that the muscle diameter quickly increases and the user gets a massive appearance within record time. It is one of the favorite steroids for bodybuilders in the off season. Because of this, huge gains in strength and muscle mass can be obtained in a very short time. Anadrol is the U.S. brand name for oxymetholone, a very potent oral androgen. This compound was first made available in 1960, by the international drug firm Syntex.

Anadrol is considered by many to be the most powerful steroid available, with results of this compound being extremely dramatic. A steroid novice experimenting with oxymetholone is likely to gain 20 to 30 pounds of massive bulk, and it can often be accomplished in less than 6 weeks, with only one or two tablets per day. This steroid produces a lot of trouble with water retention, so let there be little doubt that much of this gain is simply bloat.

Anadrol 50 does not cause a qualitative muscle gain but rather a quantitative one which in the off-season is quite welcome. Anadrol 50 "lubricates" the joints since water is stored there as well. On the one hand this is a factor in the enormous increase of strength and on the other hand, it allows athletes with joint problems a painless workout. Powerlifters in the higher weight classes are sold on Anadrol 50.

### How it works

Anadrol 50 increases the number of red blood cells, allowing the muscle to absorb more oxygen. The muscle thus has a higher endurance and performance level. Consequently, the athlete can rely on great power and high strength even after several sets. Some bodybuilders report such an enormous and in part painful "pump" that they end their workout after only a few sets or work on another muscle. The often-mentioned "steroid pump" manifests itself to an extreme by the intake of Anadrol 50 and during workout it gives the athlete a fantastic and satisfying sensation. The highly androgenic effect of Anadrol 50 stimulates the regeneration of the body so that the often-feared "over training" is unlikely. The athlete often feels that only hours after a strenuous workout he is ready for more. Even if he works out six days a week he makes continued progress.

Although Anadrol 50 is not a steroid used in preparation for a competition, it does help more than any other steroid during dieting to maintain the muscle mass and to allow an intense workout. Many bodybuilders therefore use it up to about one week before... competition, solving the problem of water retention by taking anti estrogens and diuretics so that they will appear bulky and hard when in the limelight.

### Anadrol Dosages

As for the dosage, opinions differ. A dosage sufficient for any athlete would be 0,5 - 2,5 mg per pound of body weight/day. This corresponds to 1-4 tablets; i.e. 50-200 mg/day. Under no circumstances should an athlete take more than four tablets in any given day. We are of the opinion that a daily intake of three tablets should not be exceeded. Those of you who would like to try Anadrol for the first time should begin with an intake of only one 50 mg tablet. After a few days or even better, after one week, the daily dosage can be increased to two tablets, one tablet each in the morning and evening, taken with meals. Athletes who are more advanced or weigh more than 200 pounds can increase the dosage to 500 mg/day which corresponds to 10 tablets..Athletes continue their treatment with injectable testosterone such as Sustanon or Testosterone enanthate for several weeks. Bodybuilders often combine Anadrol with Deca-Durabolin or Testosterone to build up strength and mass. Anadrol is to be taken seriously and the prevailing bodybuilder mentality "more is better" is out of place.

A strict diet together with the simultaneous intake of Nolvadex and Proviron, can significantly reduce water retention so that a distinct increase in the solid muscles is possible. By taking Anadrol 50 the athlete experiences an enormous "pump effect" during the workout in the exercised muscles. The blood volume in the body is significantly elevated causing a higher blood supply to the muscles during workout.

Athletes who are more advanced or weigh more than 220 pounds can increase the dosage to 150 mg/day in the third week. This dosage, however, should not be taken for periods longer than two to three weeks. Those who take Anadrol 50 for more than 5-6 weeks should be able to gain 20 - 25 pounds. These should be satisfying results and thus encourage the athlete to discontinue using the compound. After discontinuing Anadrol 50, it is important to continue steroid treatment with another compound since, otherwise, a drastic reduction takes place and the user, as is often observed, within a short period looks the same as before the treatment. No other anabolic/androgenic steroid causes such a fast and drastic loss in strength and mass as does Anadrol 50.

Athletes should continue their treatment with injectable testosterone such as Sustanon 250 or Testosterone Enanthate for several weeks. Bodybuilders often combine Anadrol 50 with Deca-Durabolin or Testosterone to build up strength and mass. A very effective stack which is also favored by professionals consists of Anadrol 50 100 mg+/day, Parabolon 228 mg+/week, and Sustanon 500 mg+/week. This stack quickly improves strength and mass but it is not suitable for and steroid novices.

#### Anadrol Side Effects by TerePharmacy

Anadrol is unfortunately also the most harmful oral steroid. Its intake can cause many considerable side effects. Since it is 17-alpha alkylated it is very liver toxic. The compound oxymetholone easily converts into estrogen. Most users can expect certain pathological changes in their liver values after approximately one week. An increase in liver values of both the enzymes GOT and GPT also called transaminases, often cannot be avoided. Bodybuilders who experience a severe steroid acne caused by Anadrol 50 can get this problem under control by using the prescription drug Accutane.

Other possible side effects may include headaches, nausea, vomiting, stomach aches, lack of appetite, insomnia, and diarrhea. The athlete can expect a feeling of "general indisposition" with the intake of Anadrol which is completely in contrast to Dianabol which conveys a "sense of wellbeing". The increased aggressiveness is caused by the resulting high level of androgen and occurs mostly when large quantities of testosterone are "shot" simultaneously with the Anadrol. The body's own production of testosterone is considerably reduced since Anadrol has an inhibiting effect on the hypothalamus, which in turn completely reduces or stops the release of GnRH (gonadotropin releasing hormone). For this reason the intake of testosterone stimulating compounds such as HCG and Clomid is absolutely necessary to maintain the hormone production in the testes.

#### Women and Anadrol 50

Anadrol 50 is not recommended for women since it causes many and, in part, irreversible virilizing symptoms such as acne, clitoral hypertrophy, deep voice, increased hair growth on the legs, beard growth, missed periods, increased libido, and hair loss. Anadrol 50 is simply too strong for the female organism and accordingly, it is poorly tolerated. Women who do not want to give up the distinct performance-enhancing effect of Anadrol 50 but, at the same time, would like to reduce possible side effects caused by androgen, could consider taking half a tablet (25 mg) every two days, combined with a "mild" injectable anabolic steroid such as Primobolan Depot or deca durabolin. Ultimately, the use of Anadrol 50 and its dosage are an expression of the female athlete's personal willingness to take risks.

#### About the Author

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