

Nolvadex-Tamoxifen Citrate Profiles

Nolvadex detailed information

Nolvadex is the trade name for the drug tamoxifen citrate. Nolvadex is somewhat different from other products since it is not an anabolic/androgenic steroid. For male and female bodybuilders, however, it is a very useful and recommended compound which is confirmed by its widespread use and mostly positive results. Nolvadex belongs to the group of sex hormones and is a so-called antiestrogen. The normal application of Nolvadex is in the treatment of certain forms of breast cancer in female patients. With Nolvadex it is possible to reverse an existing growth process of deceased tissue and prevent further growth. The growth of certain tissues is stimulated by the body's own estrogen hormone. Since many forms of breast cancer are responsive to estrogen, the ability of tamoxifen citrate to block its action in such cells has proven to be a very effective treatment.

How to use Nolvadex

Nolvadex is useful during a diet since it helps in the burning of fat. Although Nolvadex has no direct fat burning effect its antiestrogenic effect contributes to keeping the estrogen level as low as possible. Nolvadex should especially be taken together with the strong androgenic steroids Dianabol and Anadrol 50, and the various testosterone compounds. Athletes who have a tendency to retain water and who have a mammary dysfunction should take Nolvadex as a prevention during every steroid intake. Since Nolvadex is very effective in most cases it is no wonder that several athletes can take Anadrol 50 and Dianabol until the day of a competition, and in combination with a diuretic still appear totally ripped in the limelight. Those who already have a low body fat content will achieve a visibly improved muscle hardness with Nolvadex.

Several bodybuilders like to use Nolvadex at the end of a steroid cycle since it increases the body's own testosterone production, which will be discussed in more detail in the following to counteract the side effects caused by the estrogens. These can occur after the discontinuance of steroids when the androgen level in relationship to the estrogen concentration is too low and estrogen becomes the dominant hormone. A very rare but all the more serious problem of Nolvadex is that in some cases it does not lower the estrogen level but can increase it. Another disadvantage is that it can weaken the anabolic effect of some steroids. The reason is that Nolvadex, as we know, reduces the estrogen level. Those who are used to the intake of larger amounts of various steroids do not have to worry about this. Athletes however, who predominantly use mild steroids such as Primobolan, Winstrol, Oxandrolone, and Deca-Durabolin should carefully consider whether or not they should take Nolvadex since, due to the compound's already moderate anabolic effect, an additional loss of effect could take place, leading to unsatisfying results.

A rarely observed but welcome characteristic of Nolvadex is that it has a direct influence on the hypothalamus and thus, by an increased release of gonadotropine, it stimulates the testosterone production in the testes. This does not result in a tremendous but still a measurable increase of the body's own testosterone.

Nolvadex Dosage

The normal daily dosage taken by athletes corresponds more or less to the dosage indications of the manufacturer and is 10-30 mg/day. To prevent estrogenic side effects normally 10 mg/day are sufficient, a dosage which also keeps low the risk of reducing the effect of simultaneously taken steroids. Athletes who have tendencies toward gynecomastia, strong water retention, and increased fat deposits with steroids such as Dianabol, Testosterone, Anadrol 50, and Deca-Durabolin usually take 20-30 mg/day. The combined application of Nolvadex 20-30 mg/day and Proviron 25-50 mg/day in these cases leads to excellent results.

Nolvadex Side Effects by FitnessPharmaas

The side effects of Nolvadex are usually low. In rare cases nausea, vomiting, hot flashes, numbness, and blurred vision can occur. In women irregular menstrual cycles can occur which manifest themselves in weaker menstrual bleeding or even complete missing of a period. Women should also be careful not to get pregnant while taking Nolvadex. It is important for female athletes that Nolvadex and the "pill" not be taken together since the antiestrogen Nolvadex and the estrogen containing pill negatively counteract each other.

This characteristic has the disadvantage that after the discontinuance of Nolvadex a "rebound effect" can occur which means that the suddenly freed estrogen receptors are now able to absorb the estrogen present in the blood. For this reason the combined intake of Proviron is suggested.

Nolvadex unfortunately is a very expensive compound. Some examples: In Germany one hundred 20 mg tablets cost \$192. In Spain the prices are fixed by the government and it makes no difference whether it is an original Nolvadex or a generic compound. One hundred 20 mg tablets cost approx. \$60 in Spain. In Greece the same quantity costs about \$85. The athlete should look for the 20-mg version since, from its price, it is the most

economical.

About the Author

Mark Henry is the author related to [Buy Steroid, Anabolic Steroid, Legal Steroids, British Dragon Steroid](#) steroid for Sale, anabolic steroids shop. In our shop purchase mail order steroids like deca durabolin, dianabol, sustanon250, winstrol depot, anadrol, testosterone , free bodybuilding steroids, anabolic steroids for sale

Source: <http://www.tntarticles.com>