

The debate for and against doctor's excuses

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In the US, more and more people are buying doctor excuses just to get some time away from their jobs and schools. Typically, a doctor excuse gives the reason for someone missing some important thing at work or school, perhaps a meeting with a client, or a final exam. A doctor's excuse should contain the doctor's contact information such as the name, address and possibly, the telephone number; the date when the note was made; the name of the patient; and the certification of medical consultation. It must be noted, however that these are fake doctor's notes and are usually obtained online.

I used to have a really high salary, despite the fact that I've only been working for a few years. Perhaps that's the greatest advantage of working in a corporate setting. Not only you get high pay, you also get great benefits and rewards for excellence. The biggest drawback was the pressure I was getting. Often times, I had to work 12 hours a day, 7 days a week. Whenever I have the luxury of time to rest, my first refuge was always a DVD. Corporate life was really tiring, very stressful but at the midst of it all, I was also bored. I had to do the same things everyday. Truthfully, I could do my daily tasks with my eyes closed and my mind drifting off to sleep.

Too many times, I was sick. If I kept a record of all my absences, I can I say I was the luckiest employee of the company because despite the times I was not at work, I managed to get promoted and make my team one of the best in the office. We got awards every month and most of my agents have been recognized as a top performer at least once in their career. At the beginning, I felt that I couldn't ask for anything anymore, but soon, the stress caught up with me and I had to file for a week-long vacation, and there were often cases I went on leave without getting proper approval.

Some employees who are so tired they can't even sleep at night, some students who are so pressured with school that they can no longer enjoy vacations. Now I know there are a lot employees like me who are burnt out and are getting all kinds of diseases due to stress. This is probably the reason why companies selling fake doctor's notes are becoming popular nowadays.

At present, an ethical debate to and for the selling and buying of doctor's excuses is ongoing as more and more people are missing important days. Those people who are against the selling of fake doctor's notes say that these products are creating a culture of irresponsibility, and an outright disregard for the value of discipline and commitment. On the other side of the coin, the high cost of health insurance prevents some employees to get immediate medical attention and many of them opt to stay at home to recuperate. While fake doctor's notes cost around \$15, actual consult with a physician plus medicines can reach around \$100. Some employees can lose their jobs if they do not have a valid excuse for being absent. Students might not graduate from college, and might lose the chance of a better future. These reasons, some people say, are enough for them to agree on the selling and buying of doctor's excuses.

About the Author

Matthew Markey is author of this article on [Doctor Note](#). Find more information about [Doctor Excuse](#) here.

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