

Abundance: The Three Core Truths

Here's an example of some common "I can't" feelings experienced by people who struggle endlessly with abundance:

- "I always have to work hard to make money."
- "No matter how hard I work... or how positive I try to be about my financial situation... I never seem to have enough."
- "It's not fair. Other people always get the lucky breaks. If only I had a quick windfall of money all my problems would disappear."
- "Money always goes to money. There's no point trying to think differently. I see it everyday. I suppose I should just be happy with what I've got."
- "I'm not the kind of person who makes a lot of money. I never have - so I guess I never will. I can never achieve abundance on every level"

And on it goes.

If you can relate to any of the above... or... you're struggling financially...it's a sure sign that you have subconscious "negativity" programs running "on the turn table of your mind"... and therefore... you NEED The Release Technique. You see, when it comes to abundance, there are three core truths:

CORE TRUTH #1: It is our own suppressed feelings that are the root cause of all our problems (including financial problems). It's our own suppressed feelings that keep us broke... bind us in chains of misery... and make us suffer in every way.

And...

CORE TRUTH #2: All of us have the inborn, natural ability to "let go" of our suppressed feelings that have a negative "hold" over our lives.

And...

CORE TRUTH #3: The more we "pull up" and "let go" (or release) our suppressed feelings (subconscious programs)... the lighter, happier, healthier... and...more abundant we become.

Look, here's the best way I know how to describe it...

The Mind Works Just Like A Computer!

And, your suppressed feelings (subconscious programs) are like a virus interfering with your success - sabotaging every effort you make to change your life and to create abundance.

That's why traditional "success techniques" to achieve abundance rarely work as well as they should for most people.

See, what traditional techniques have in common is they're all about flooding your mind with positive words and images.

Nothing wrong with that.

But here's the problem: Since the age of about 5-years old, we all get into the unconscious habit of suppressing our feelings. These suppressed feelings (subconscious programs) then act like a virus that "eats up" all the positives you put into your mind.

So until you learn how to "pull up" and "let go" (release) your suppressed "hidden" negativity... you have an "anti-success /anti-money virus" inside you that will forever keep you struggling with your finances and won't allow you to achieve financial freedom.

However, the good news is - once you learn how to use The Release Technique to "pull up" and "let go" of your suppressed negativity (mind viruses)... you naturally have a positive state of mind... and therefore... you effortlessly "pull" abundance into all areas of your life.

Because once you learn to "let go" of all your subconscious programs (mind viruses) "hidden away" inside you - guess what?

Suddenly, as if by "magic," the damn will break and an avalanche of abundance will start pouring into your life from all directions. You WILL achieve financial freedom, and the independence that goes with it.

You'll Wonder Where The Abundance Has Been Hiding All These Years!

It may come slowly at first. Then faster and faster the more you use The Release Technique.

Also, it will give you... another... big and unexpected advantage.

Namely...

You'll Have A New Feeling Of Solid Confidence, Peacefulness
And Sheer Joy Flooding Into Every Area Of Your Life!

In other words, using nothing more than The Release Technique to "let go" of suppressed "negativity"... also... acts as a foundation for supercharging every other area of your life.

It's as if learning how to "let go" of your limiting subconscious programs... is... a springboard... that can send you rocketing to a whole new level of satisfaction and pleasure you could never get before.

Look, here's the bottom line: With this admittedly unusual process of "letting go" of suppressed "negativity" stored in your subconscious...

It's Utterly Impossible For You To Remain Stuck In Your Financial Quagmire and Impossible NOT to Achieve Abundance!

This is no joke.

It WILL "Show Up"... Often From "Unexpected" Sources!

And it doesn't matter if you don't have a high paying job either. It doesn't even matter if you have no job. Or, no current income.

You CAN achieve Abundance!

About the Author

Larry Crane, Self-growth's Official Guide to [Abundance](#), and best-selling author and speaker, has been teaching The Release® Technique (The Abundance Course) for over 30 years. He has personally trained businessmen, psychiatrists, psychologists, sports and entertainment celebrities, sales people, managers and housewives in the art of letting go of problems, emotions, stress and subconscious blocks that are holding people back from having total abundance in their lives. The Release Technique has been taught to over 100,000 graduates worldwide. Larry's Abundance Course home study program IS the Release Technique, the original Release Technique Method as exactly taught by Lester Levenson.

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